

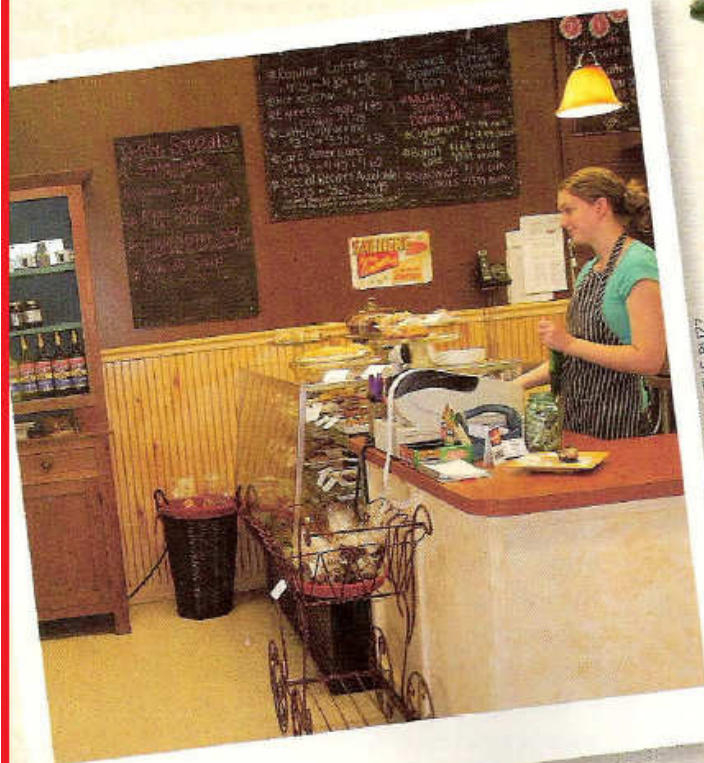
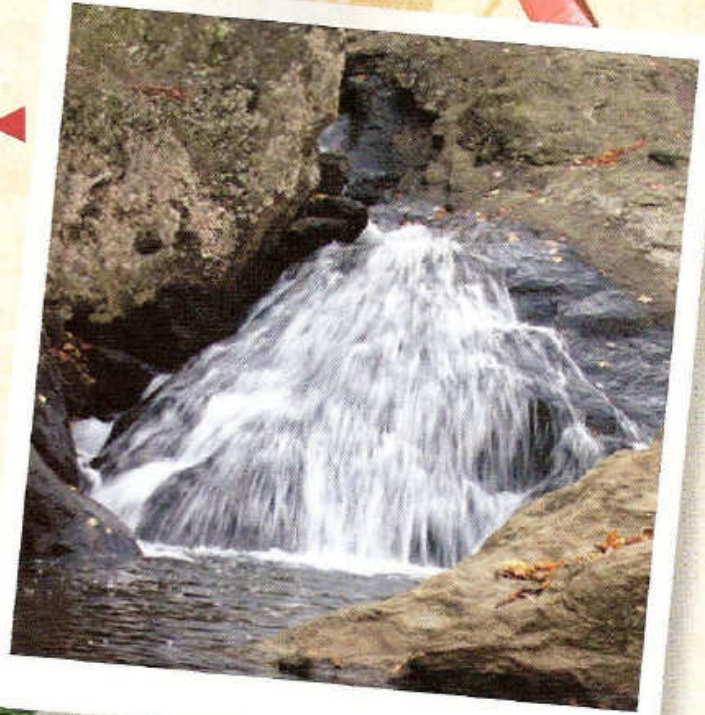
CONFIDENTIAL

SEE THE FALLS

So you say Cunningham Falls is no secret. Then ask yourself this: When was the last time you went? One of the most picturesque scenes in Frederick County, a 78-foot cascading waterfall, is located off Md. 77, just west of Thurmont. The surrounding state park also includes camping, boating, swimming, fishing and other activities. 301-271-7574.
www.dnr.state.md.us/publiclands/western/CunninghamFalls.html

BE A KID

While on your way to Cunningham Falls, make sure to take a side trip to the park's Manor Area (just across U.S. 15 from the Catoctin Wildlife Preserve and Zoo). Here you will find a playground built from 3,000 tires that would have otherwise been destined for a landfill, providing fun equipment and challenges for all abilities and ages.



SHOP IN THE PAST

The New Market General Store maintains the charm and character of the 19th-century mercantile. Here you can shop for antiques, collectibles, gourmet gifts, fudge, penny candy and soft-serve ice cream. 301-865-2350.
www.newmarketgeneral.com

FIND CAFFEINE BLISS WITH A TWIST

You might think a place called the The Buzz is all about coffee. You would be wrong. This shop, tucked in Green Valley Plaza in Monrovia, also features bakery treats, ice cream and other goodies, including breakfast and lunch fare. 301-865-4900. www.thebuzzgreenvalley.com